

PHYSIO FLOWS - MEDIA FACT SHEET

GRAND OPENING - SATURDAY, OCTOBER 3, 2026 | 10 A.M.-6 P.M.

101 E Alex Bell Road, Suite 104A, Centerville, OH 45459 | Cross Pointe Shopping Center Lee Autore | lee@physioflows.com | 937-784-6452

WHAT IS PHYSIO FLOWS?

Locally and woman-owned. Physio Flows moved and expanded from Springboro into a roughly **4,450-square-foot** Centerville facility. The model is described as **"one practice, two expressions"**: licensed clinical care plus aerial/circus movement programming.

CLINICAL SERVICES

Physical therapy | Massage therapy | Nutrition counseling

One-on-one, fee-for-service physical therapy with particular focus on hypermobility, Ehlers-Danlos syndrome, persistent and complex pain, recurring instability, performers, and people whose bodies or goals do not fit neatly into standard protocols.

Performer-aware care can include aerialists, flow artists, dancers, gymnasts, rock climbers, horseback riders, singers and musicians.

CULTURE

For Bodies That Don't Fit the Textbook.

Getting You Back to What You Love.

Come just as you are.

LGBTQIA+ affirming, neurodivergent-welcoming and built around a whole-person, individualized approach.

STUDIO / AERIAL

Approximately 20-foot ceilings and professional aerial rigging. Programming includes aerial silks, lyra/hoop and other apparatus, plus ground movement, conditioning and circus-related skills.

Beginners through experienced performers are welcome. Instruction uses structured progression based on individual readiness and goals, with small class sizes.

SAFETY + INSTRUCTOR STANDARDS

Performer-informed safety; professional-grade rigging; dedicated crash mats and safety equipment; structured equipment and rigging inspection practices.

The **Instructor Endorsement Program** evaluates teaching readiness, communication, progression, safety awareness, positive body culture, inclusion and recognition of situations outside instructor scope. Endorsement information can be publicly verifiable through the Physio Flows registry.

INTERVIEWS + VISUALS

Founder **Coryn Autore, PT, DPT**, can discuss hypermobility/EDS, persistent pain, performer-focused care, beginner access to aerial arts, the clinical/studio model and performer-informed safety.

By arrangement: aerial demonstrations, spotting/progression demonstrations, facility/rigging tour, staged movement/clinical demonstrations, and potentially a short supervised beginner mini-session for a reporter or host.

FAST FACTS + STORY ANGLES

~4,450 sq. ft. new Centerville facility
~20-foot ceilings in the aerial studio
3 clinical service lines: PT, massage, nutrition
Beginners welcome through experienced performers

Story angles: woman-owned local expansion; hypermobility/EDS; persistent pain; performer-focused care; beginner aerial access; safety culture; Instructor Endorsement Program; reporter try-it segment.