



# MEDIA FACT SHEET

GRAND OPENING - OCTOBER 3, 2026

10 a.m.-6 p.m. | Cross Pointe Shopping Center, Centerville

## LOCATION

101 E Alex Bell Road, Suite 104A, Centerville, OH 45459

## MEDIA CONTACT

Lee Autore | [lee@physioflows.com](mailto:lee@physioflows.com) | 937-784-6452

## WHAT IS PHYSIO FLOWS?

**Locally and woman-owned.** Physio Flows moved and expanded from Springboro into a roughly **4,450-square-foot** Centerville facility. The model is described as "**one practice, two expressions**": licensed clinical care plus aerial/circus movement programming.

## CLINICAL SERVICES

### Physical therapy | Massage therapy | Nutrition counseling

One-on-one, fee-for-service physical therapy with particular focus on hypermobility, Ehlers-Danlos syndrome, persistent and complex pain, recurring instability, performers, and people whose bodies or goals do not fit neatly into standard protocols.

Performer-aware care can include aerialists, flow artists, dancers, gymnasts, rock climbers, horseback riders, singers and musicians.

## CULTURE

### For Bodies That Don't Fit the Textbook.

### Getting You Back to What You Love.

### Come just as you are.

LGBTQIA+ affirming, neurodivergent-welcoming and built around a whole-person, individualized approach.

## STUDIO / AERIAL

**Approximately 20-foot ceilings** and professional aerial rigging. Programming includes aerial silks, lyra/hoop and other apparatus, plus ground movement, conditioning and circus-related skills.

**Beginners through experienced performers are welcome.** Instruction uses structured progression based on individual readiness and goals, with small class sizes.

## SAFETY + INSTRUCTOR STANDARDS

Performer-informed safety; professional-grade rigging; dedicated crash mats and safety equipment; structured equipment and rigging inspection practices.

The **Instructor Endorsement Program** evaluates teaching readiness, communication, progression, safety awareness, positive body culture, inclusion and recognition of situations outside instructor scope. Endorsement information can be publicly verifiable through the Physio Flows registry.

## INTERVIEWS + VISUALS

Founder **Coryn Autore, PT, DPT**, can discuss hypermobility/EDS, persistent pain, performer-focused care, beginner access to aerial arts, the clinical/studio model and performer-informed safety.

By arrangement: aerial demonstrations, spotting/progression demonstrations, facility/rigging tour, staged movement/clinical demonstrations, and potentially a short supervised beginner mini-session for a reporter or host.

## FAST FACTS + STORY ANGLES

~4,450 sq. ft. new Centerville facility

~20-foot ceilings in the aerial studio

3 clinical service lines: PT, massage, nutrition

Beginners welcome through experienced performers

**Story angles:** woman-owned local expansion; hypermobility/EDS; persistent pain; performer-focused care; beginner aerial access; safety culture; Instructor Endorsement Program; reporter try-it segment.